Average Hours of Sleep

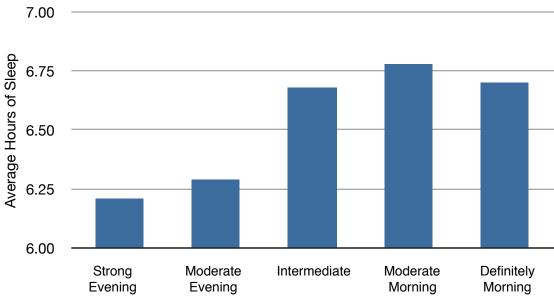


Figure 3. Average hours of self reported sleep per night organized by moningness-eveningness profile.